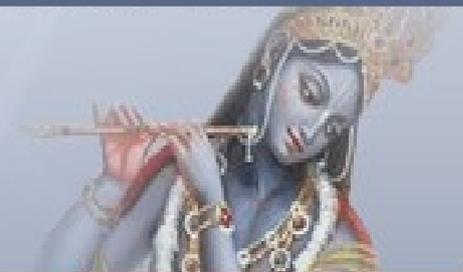




Happiness from Within

Sri Sri Radha
Kṛṣṇa Temple



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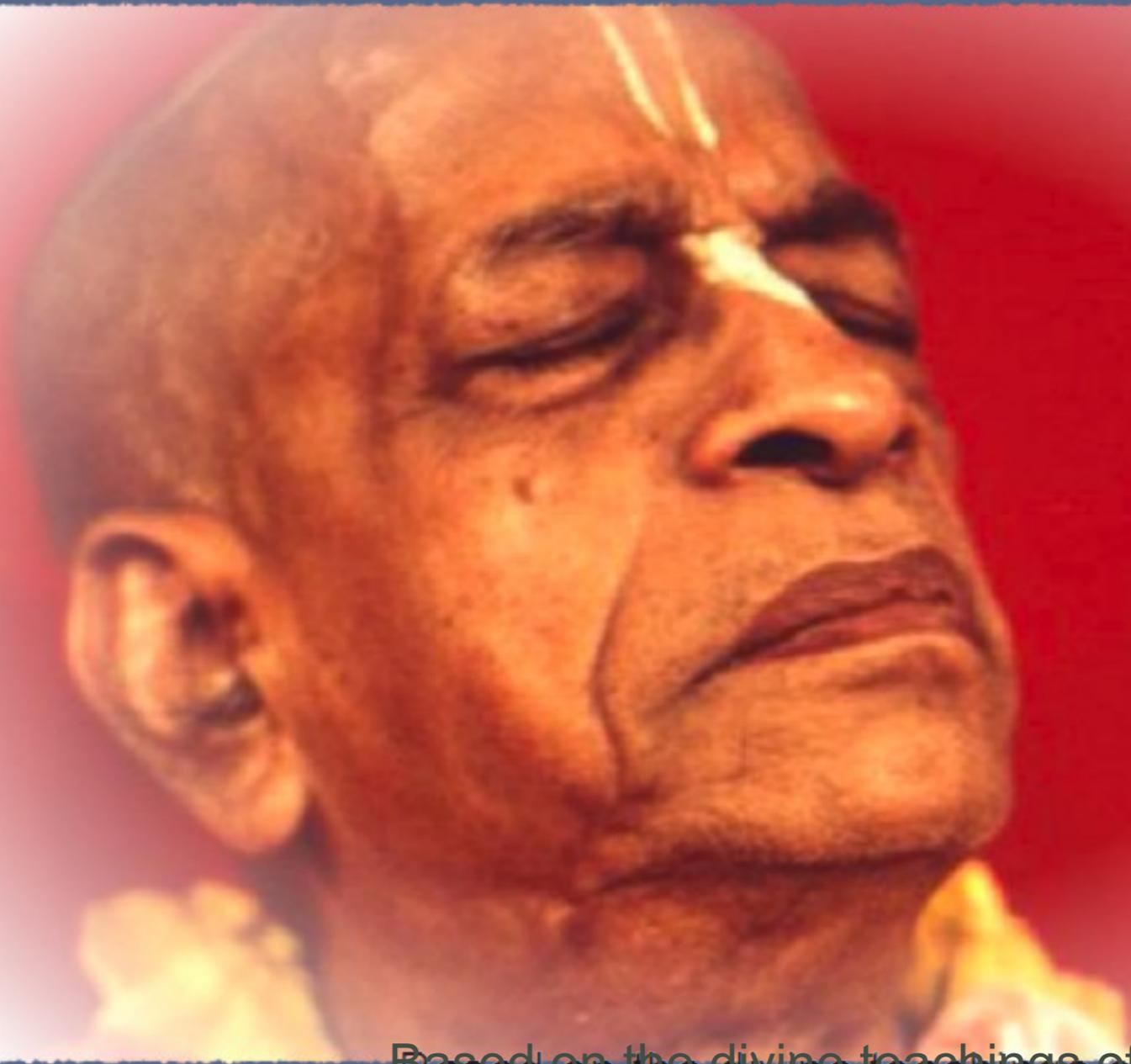


We welcome comments and feedback from these power points to

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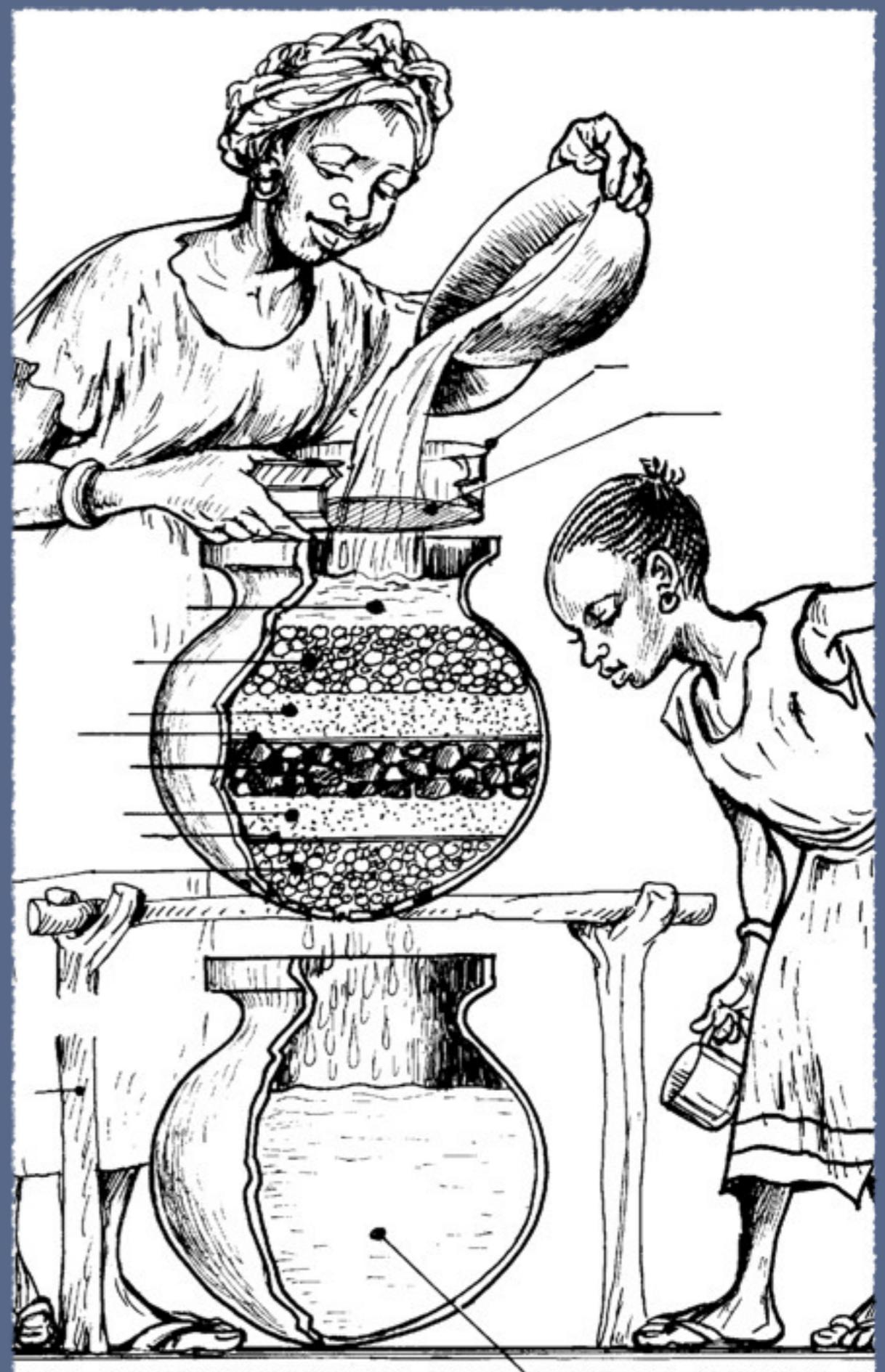
Based on the divine teachings of

A.C. Bhaktivedanta Swami Prabhupada

International Society of Krishna Consciousness
International Society of Krishna Consciousness
International Society of Krishna Consciousness



**Americans more
& more
concerned with
purity**



pure
organic



Pure **AIR**
HEATING • AIR CONDITIONING • INDOOR AIR QUALITY

Extraordinary Air

99% PURE AIR

Air Conditioning &
Ventilation Systems



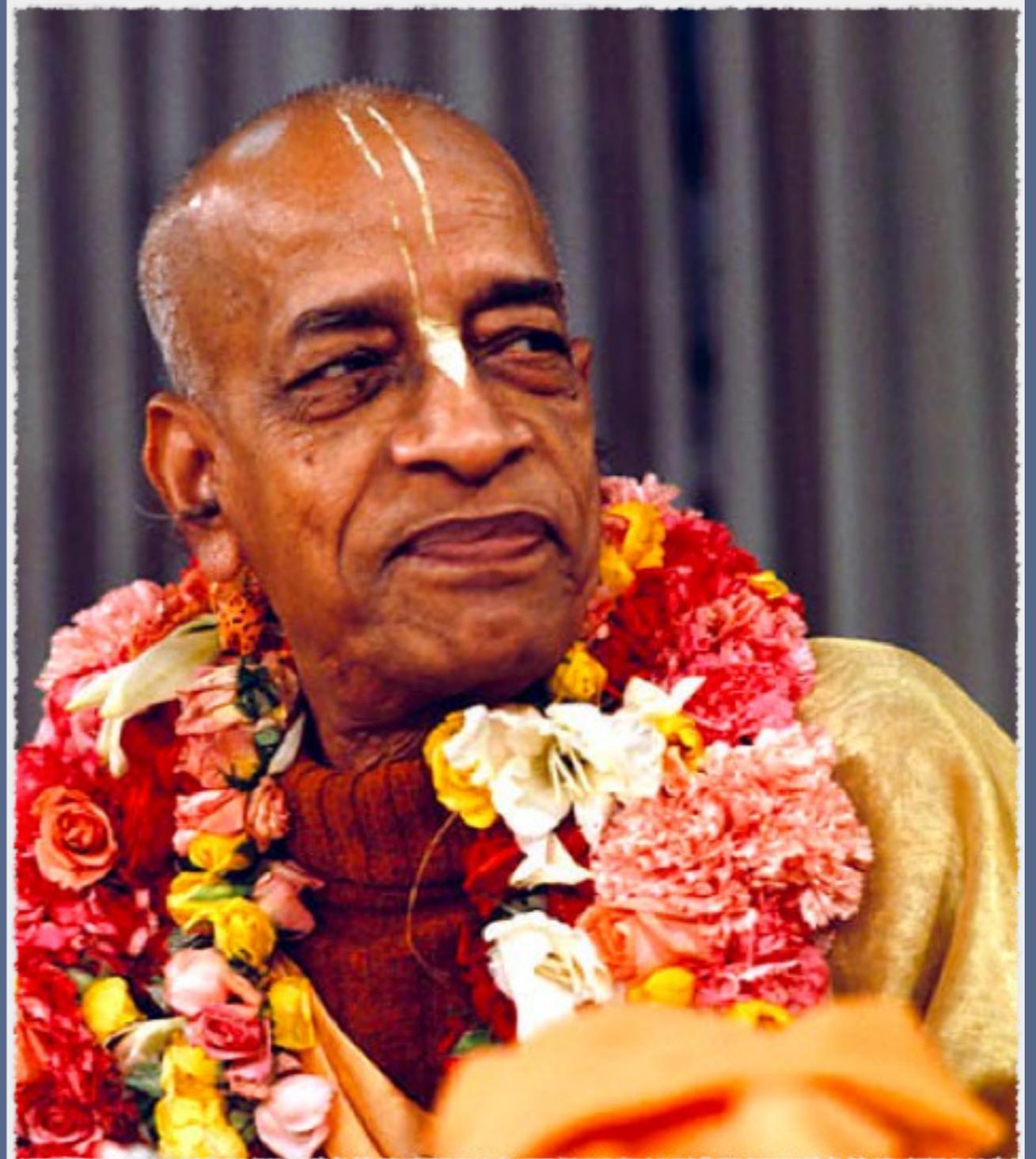
“The difference between a pious man and a criminal is that one is pure in heart and the other is dirty. This dirt is like a disease in the form of uncontrollable lust and greed in the heart of the criminal. Today people in general are in this diseased condition, and thus crime is very widespread. When the people become purified of these dirty things, crime will disappear. The simplest process of purification is to assemble in congregation and chant the holy names of God.”

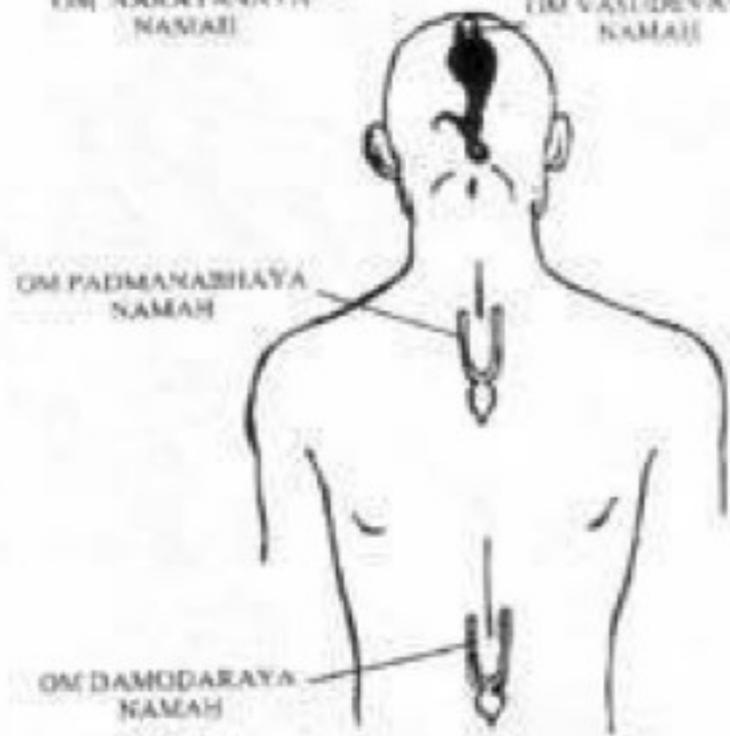
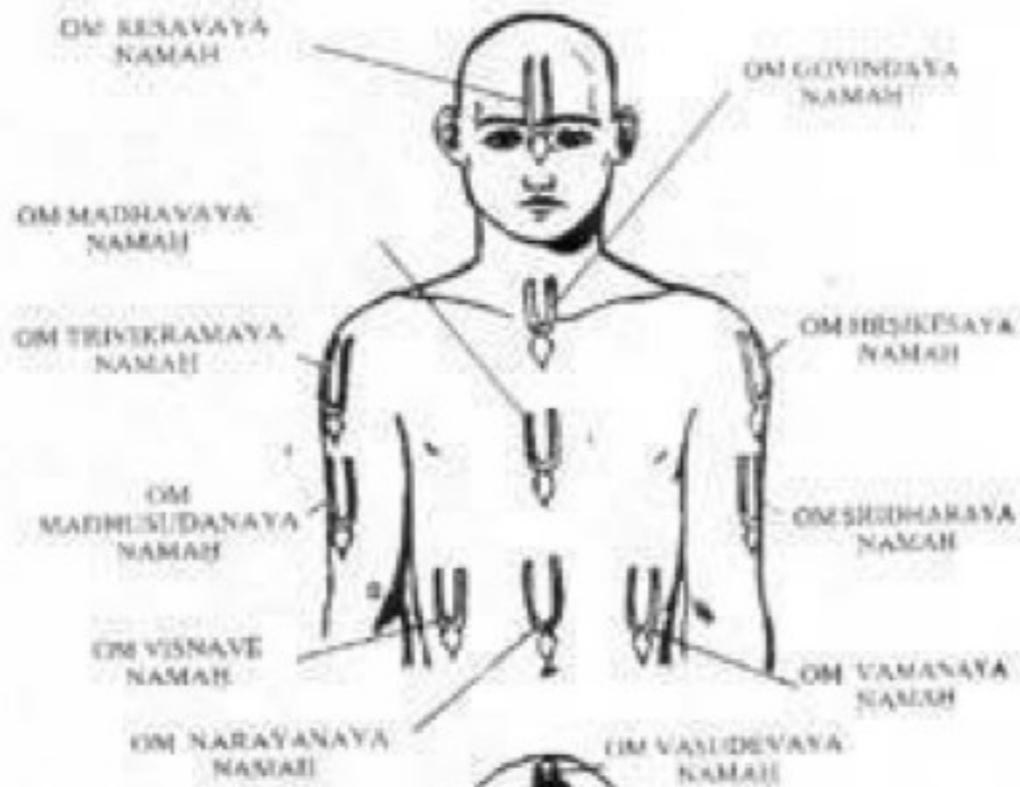
SSR Crime & What to do?



Ceto Darpana Marjanam

Happiness is a Heart Condition







Anointing Breaks the Yoke

Pure in Heart =
Unmixed motives

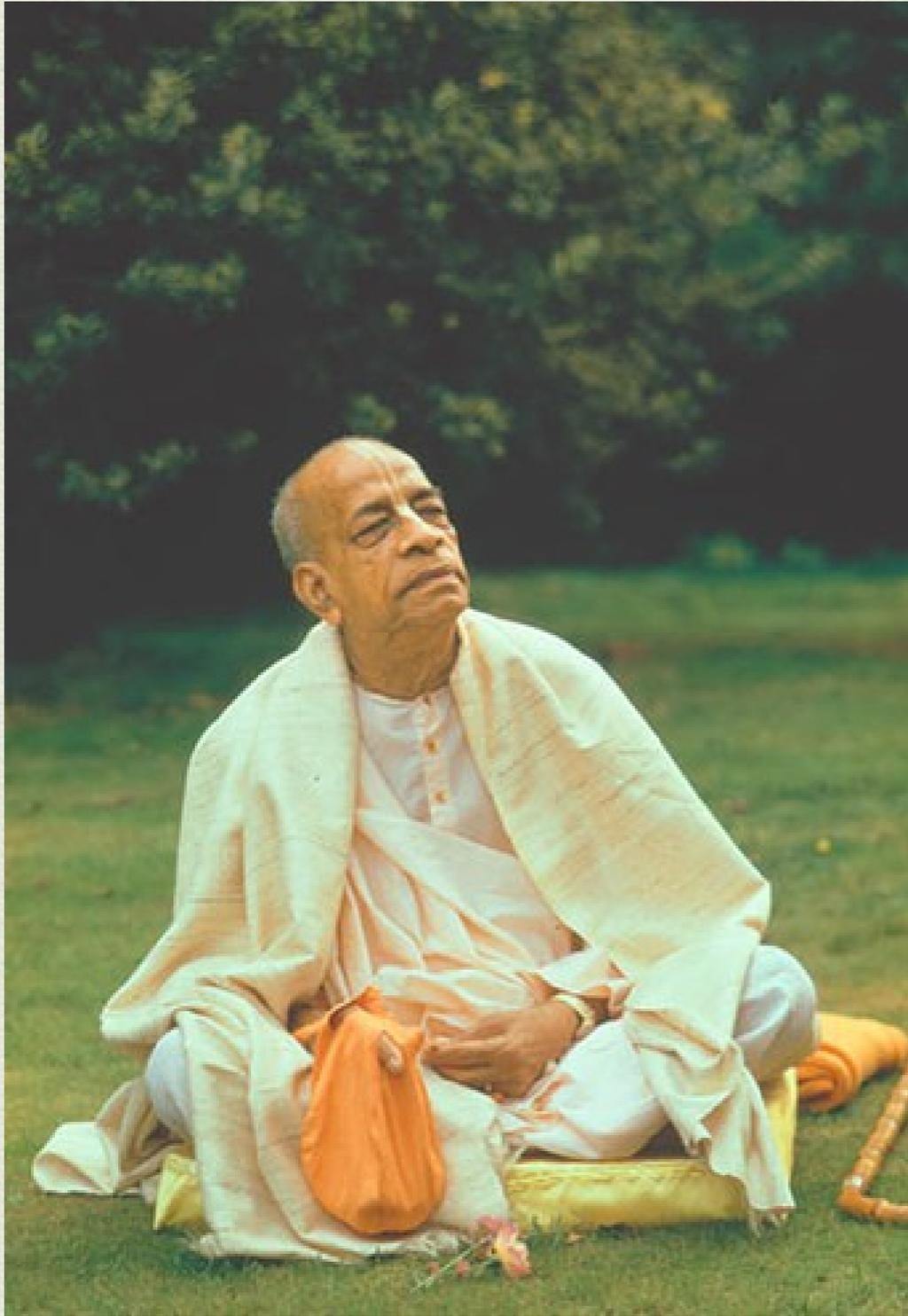
In the same way that the sacred river Ganges flows without obstacles towards the sea, O Lord let my self be constantly attracted toward You, that nothing and no-one will deviate my attention".

TEACHINGS OF QUEEN KUNTĪ



His Divine Grace
A. C. Bhaktivedanta Swami Prabhupāda
Founder-Acarya of the International Society for Krishna Consciousness

QuickTime^a and a
decompressor
are needed to see this picture.



One who is pure in heart is never attracted by the external energy, which urges the individual soul to try to dominate material nature. The pure heart of a devotee is never disturbed when he executes devotional service in the form of hearing, chanting, remembering, etc.

SB 4/24/59

Mirabhai



Three Steps to a Pure Heart

- ◆ **Remember** Krishna Sees Everything
- ◆ **Review my** Motives
- ◆ **Realign** my Priorities

1. Remember Krishna Sees Everything



- ◆ **No one will ever know.**
- ◆ **Somebody already knows. Might as well have pure heart as try to fake it.**
- ◆ **In spite of secrets Krishna wants a relationship.**

Review my Motives



- ◆ **Not just WHAT we do, but WHY we do it**
- ◆ **Prayer** (not for audience)
- ◆ **Giving** (not to be seen)
- ◆ **Fasting** (don't with sad face)

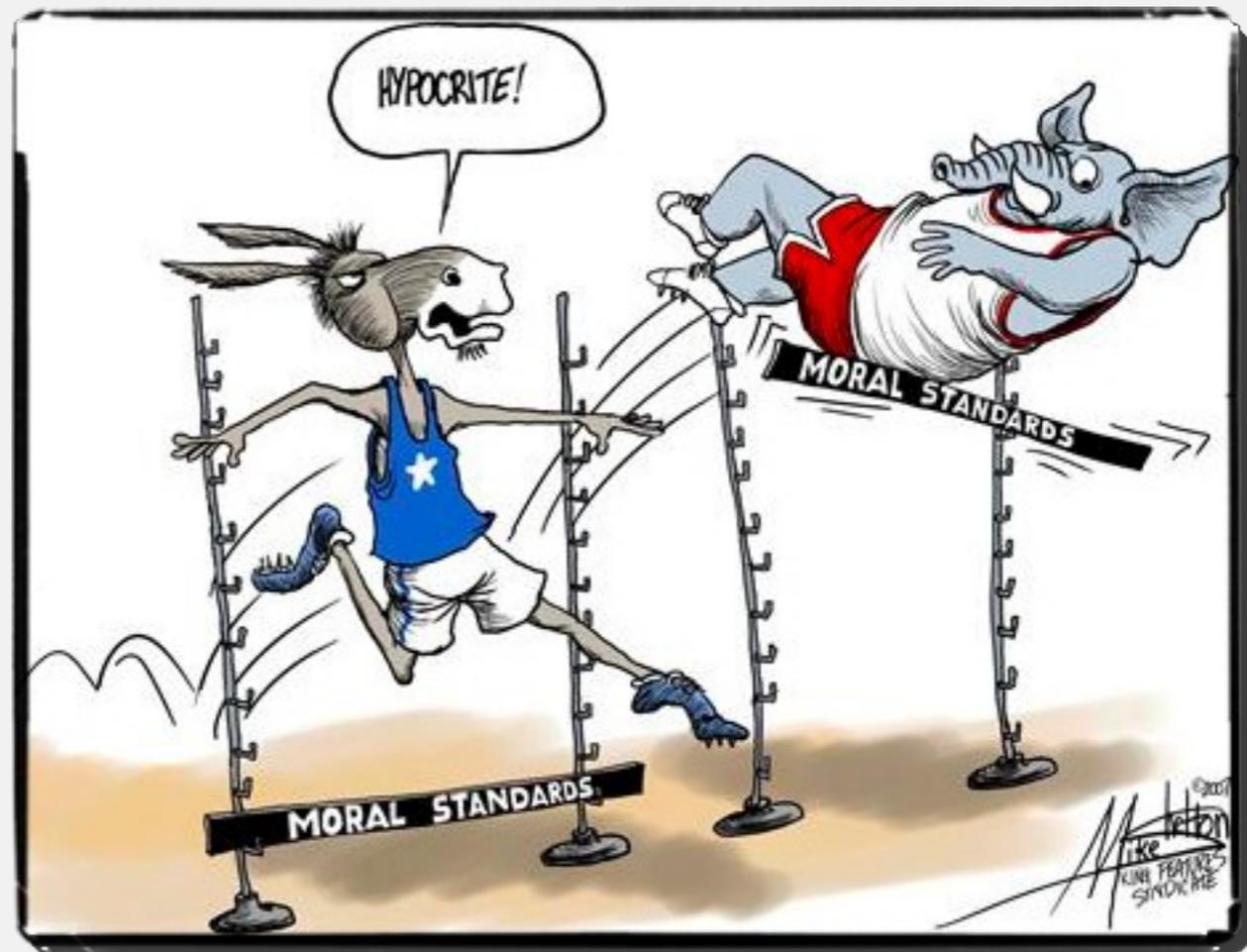
Test of Purity

Can you keep the good you do a secret or do you have to blab



Hypocrite

- ◆ Wants praise of men more than praise of Krishna
- ◆ Happiness doesn't mean you're perfect, just transparent



Hypocrite

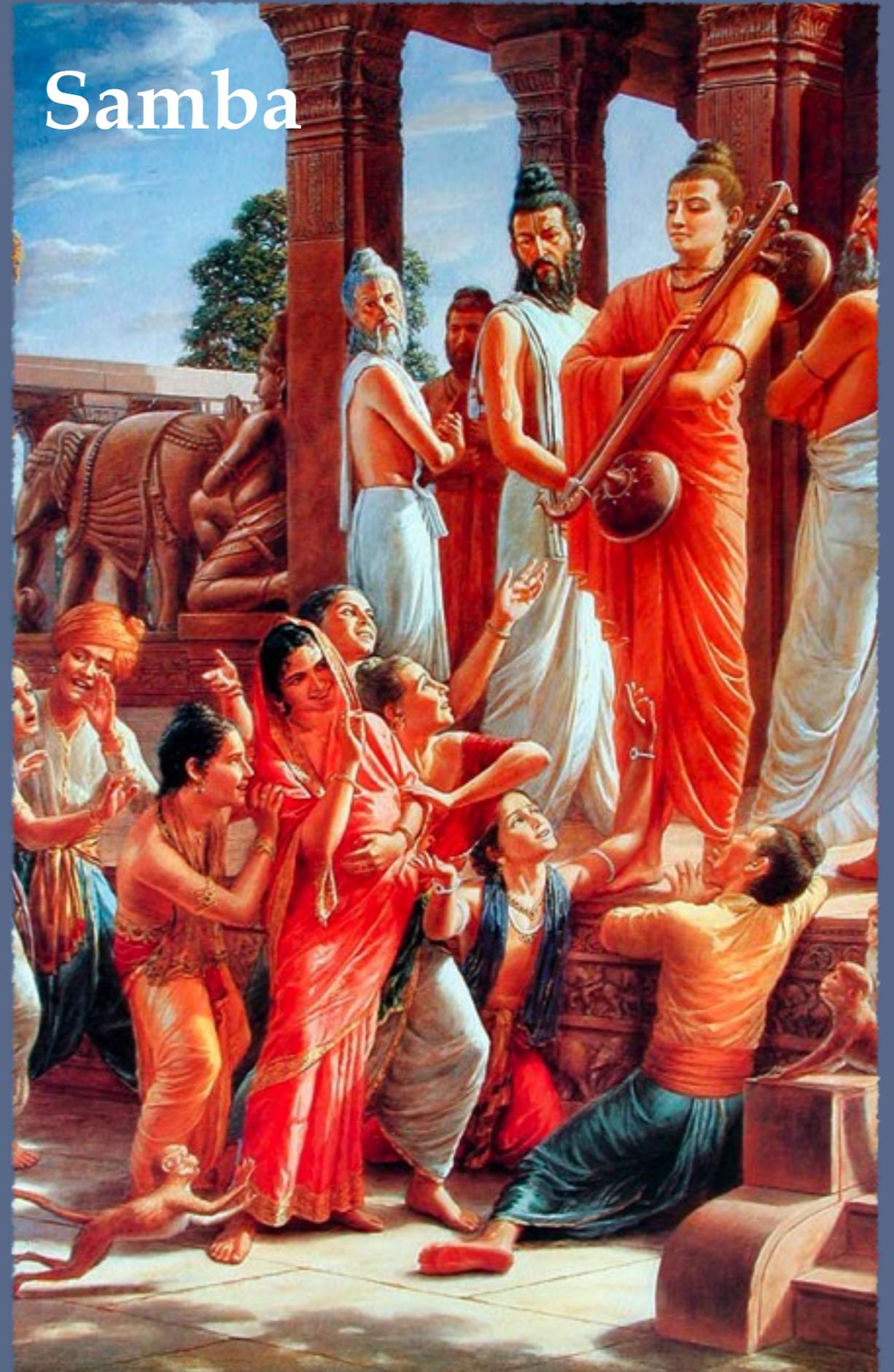
The word dambha indicates a self-righteous hypocrite—someone not so much concerned with being saintly as with appearing saintly. In the age of Kali there is a rather large number of self-righteous, hypocritical religious fanatics claiming to have the only way, the only truth and the only light. SB 12/2/5 Symptoms of Kali Yuga



Paritrupaya sadhunam

**The very purpose of
My descent into this
world is to kill such
hypocrites who
pretend to be
religious.**

Samba



Yadu dynasty

No, he's not spiritual man. He's a hypocrite. He must be inside and outside correct. If one is outside correct, inside wrong, he's not spiritual man. We don't accept him.



“It was worth
the Wait!”

A.C. is the man I have waited for my whole life,” Veronique said, “To know that he has also been faithful in waiting for me is the best wedding present I could ever imagine.”

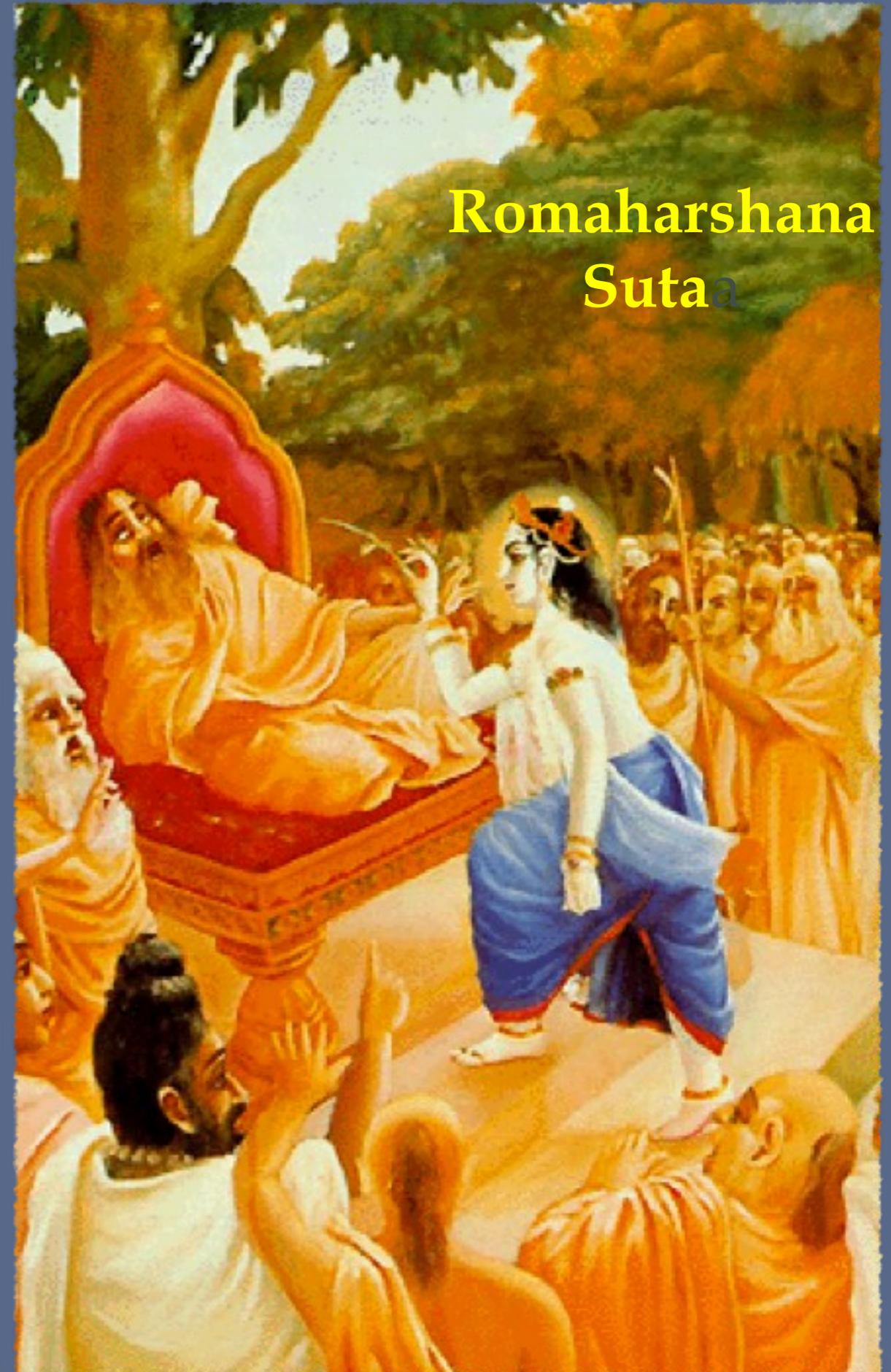


Burning memories of recent Moral failure?

Though we fall & stumble we
get up & keep toward the
light..if you focus on your
feelings, be mislead, they
keep you sinning, choice to
do right is what



The highest truth, which is understandable by those devotees who are fully pure in heart. The highest truth is reality distinguished from illusion for the welfare of all. Such truth uproots the threefold miseries. As soon as one attentively and submissively hears the message of Bhagavatam, by this culture of knowledge the Supreme Lord is established within his heart. SB 1/1/2



3. Realign my priorities

"I want top place, I'm not going to play second fiddle to anybody else, I'm not going to have any rivals. Whether it's your career, your husband, your wife, anything. I want first place." What is a god? A god is anything that is first place in your life.



How do I know my Priorities?

- ◆ **Look at my Activities**
- ◆ **Look at my Anxieties**
- ◆ **Look at my Ambitions**

What is First in my Life?

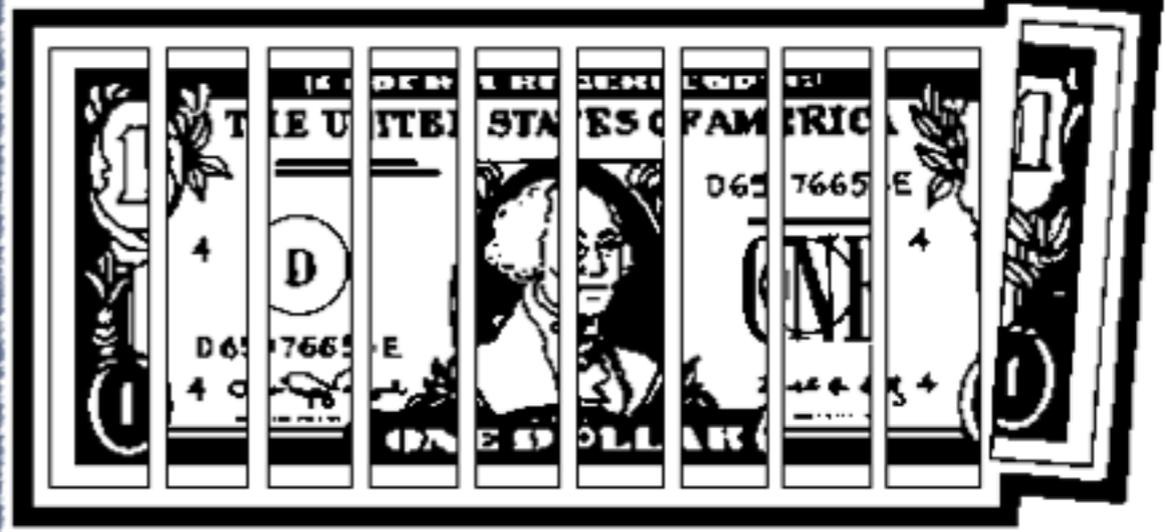
Look at my check stubs
& my schedule to see if
God is first.



The first part of the day, the first part of my money, the first of every week goes to God. God is first.



TITHING



What do I worry about most?

five most common worries are: finances; food; fitness; fashion; future.



What is the #1 goal in my life?

Don't be "always looking for" what everybody else is looking for. The problem with a lot of devotees, many have the exact same ambitions as nondevotees. They've bought into the culture, into the system. They have the same tension. Same stress



AMBITION

THE JOURNEY OF A THOUSAND MILES SOMETIMES ENDS VERY, VERY BADLY.



AMBITION

We all have our dreams of world domination.

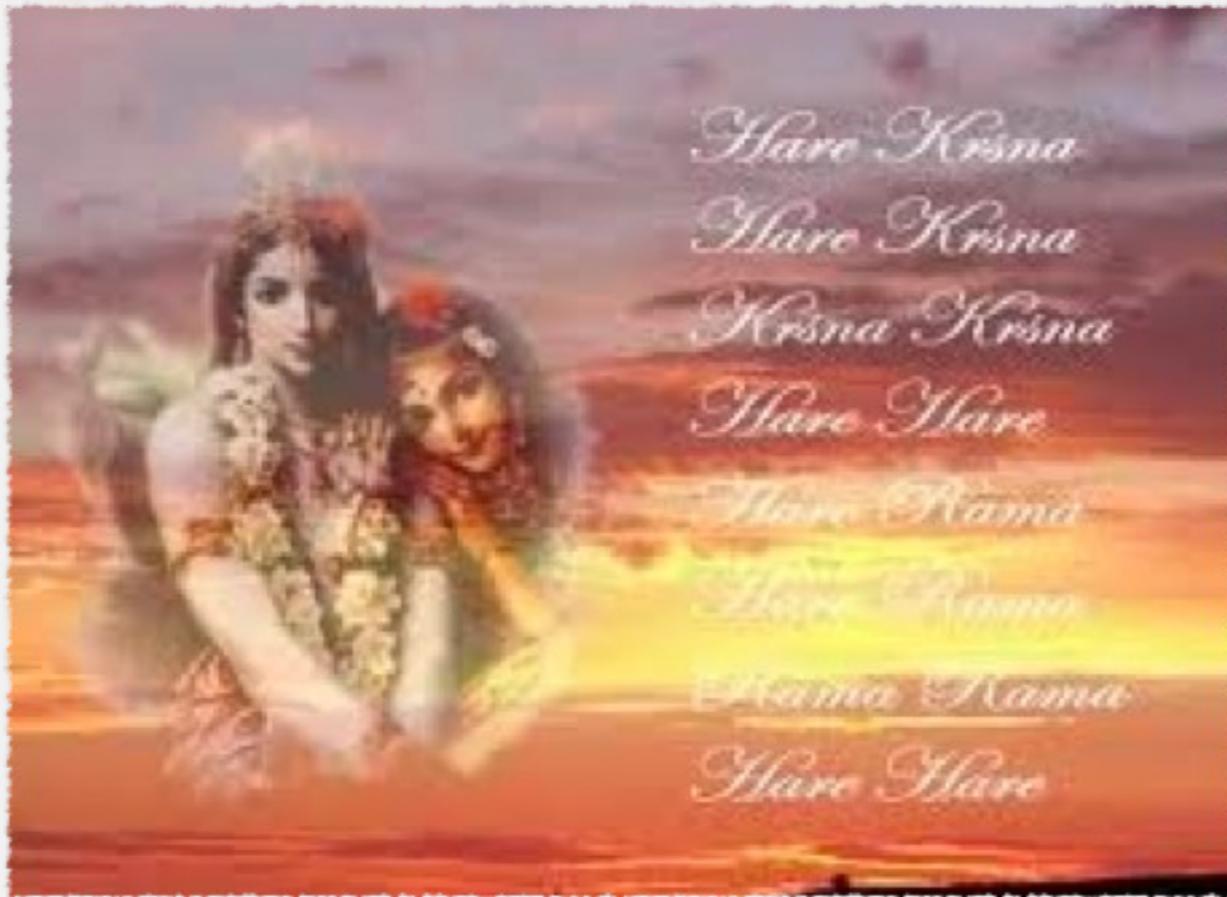
The association with other devotees of God, and especially with saintly persons who can teach the message of love of Krishna, is extremely important for one who is serious about spiritual advancement. Without the sort of association that such centers of Krishna Consciousness will provide, it is very difficult to maintain the high standards required for spiritual perfection in a world given over largely to material sense gratification, garbed occasionally, it is true, in the hypocrite's cloak of ritualistic or traditional religion. BTG



Happy are the pure in heart,
for they will see Krishna.

Pure in heart means:

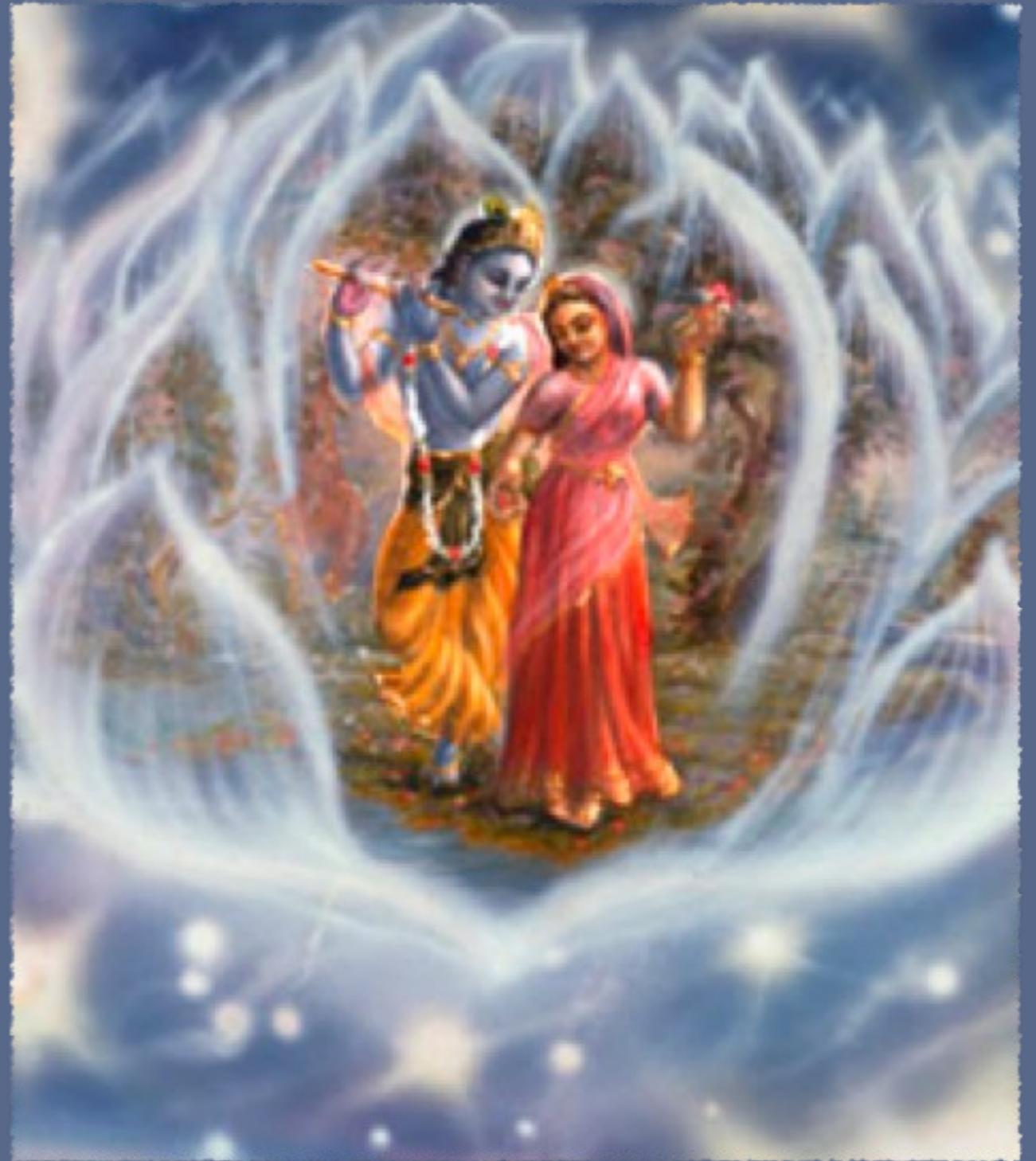
- ◆ **I'm continually conscious of Krishna's presence.**
- ◆ **I'm content with Krishna's praise.**
- ◆ **I'm controlled by Krishna's priorities.**



**The more mature you are
the more you're conscious
that Krishna is with you all
the time and the less
conscious you are of other
people around you when
you're doing good.**

Vaikuntha

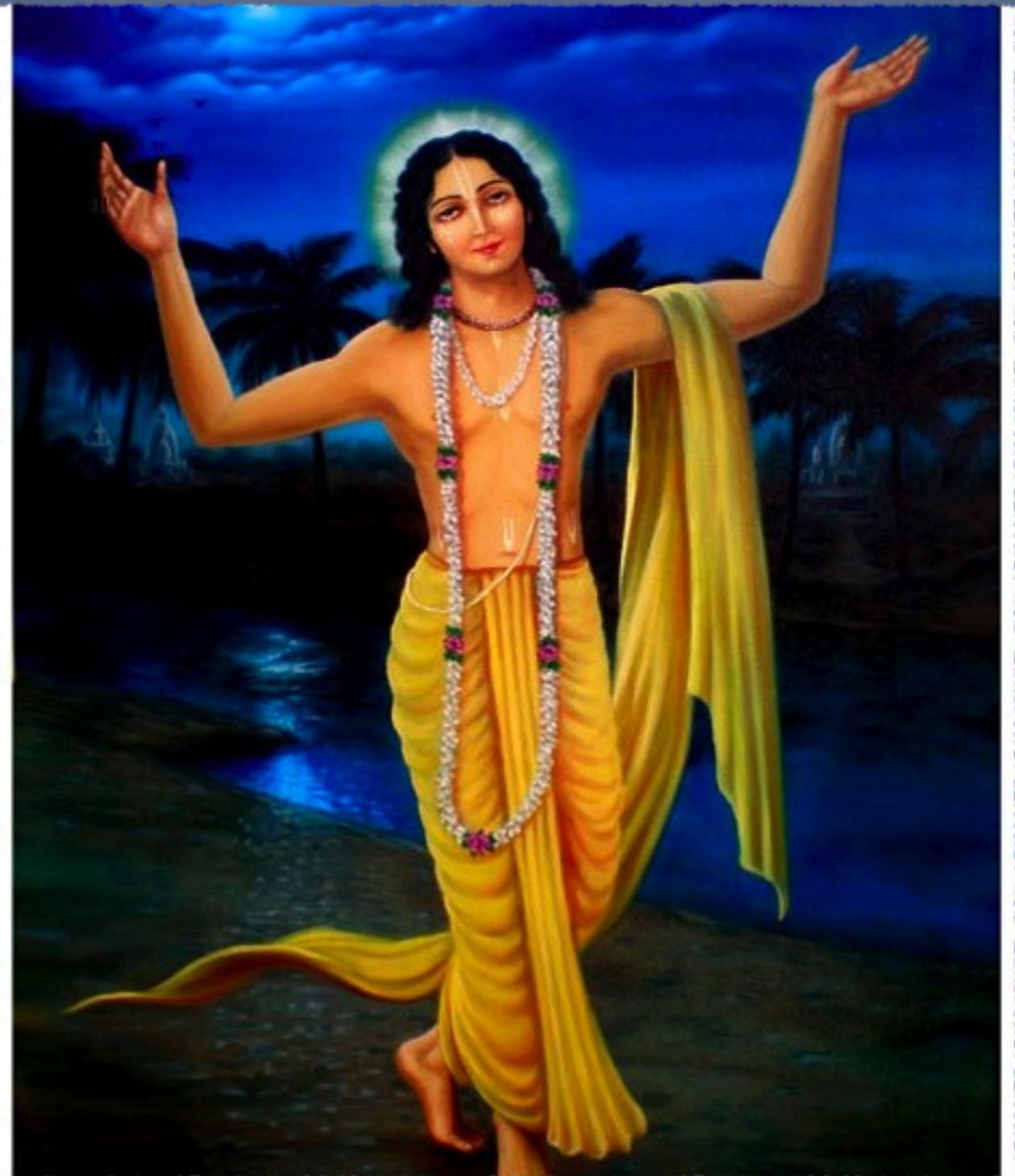
**Content with
Krishna's praise
Temporary reward if
others know,
permanent reward
from Krishna**



Controlled By Krishna's Priorities

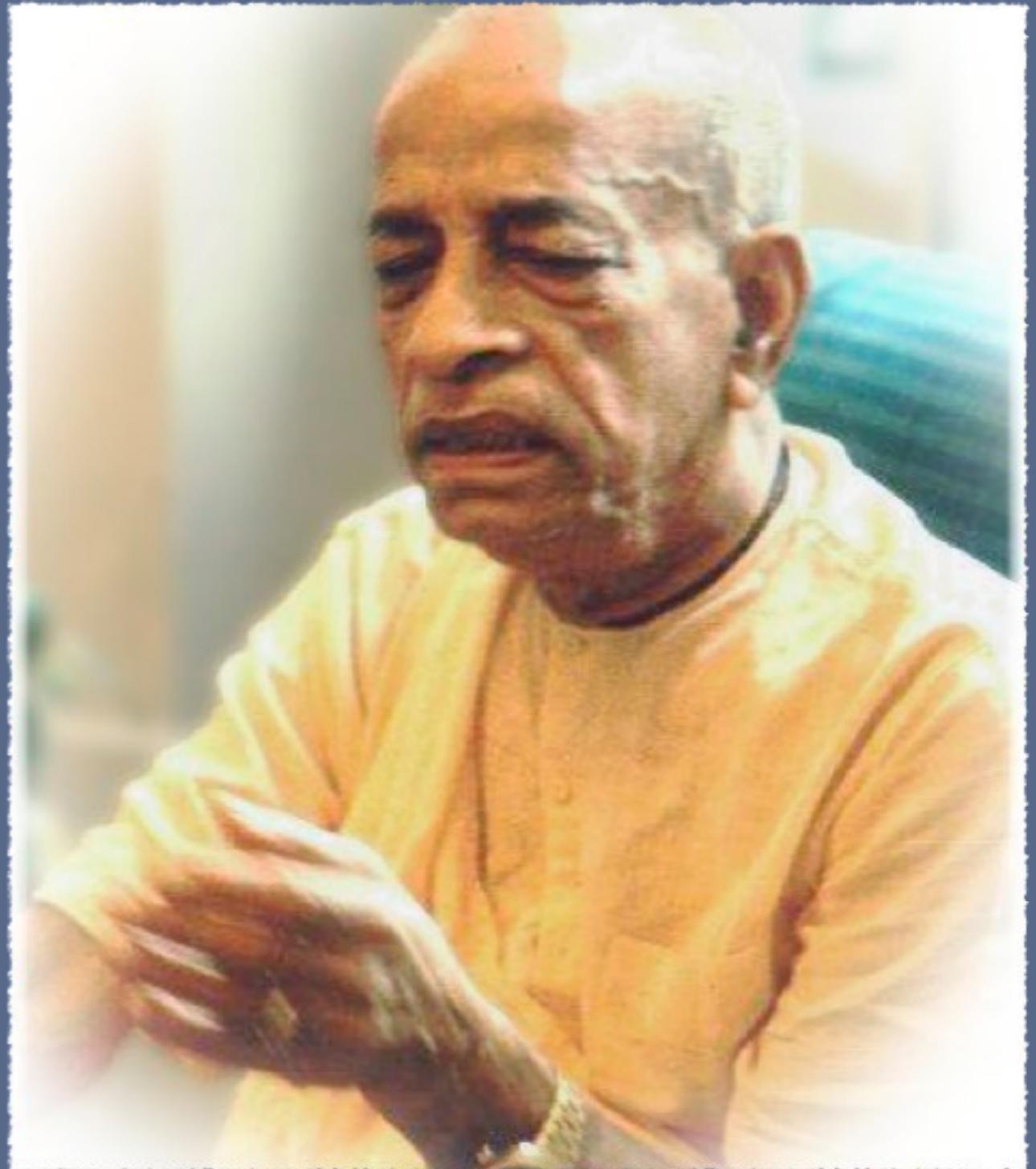
**Deliver yourself,
then deliver others,**

**Para upakara,
Krishna upadesha**

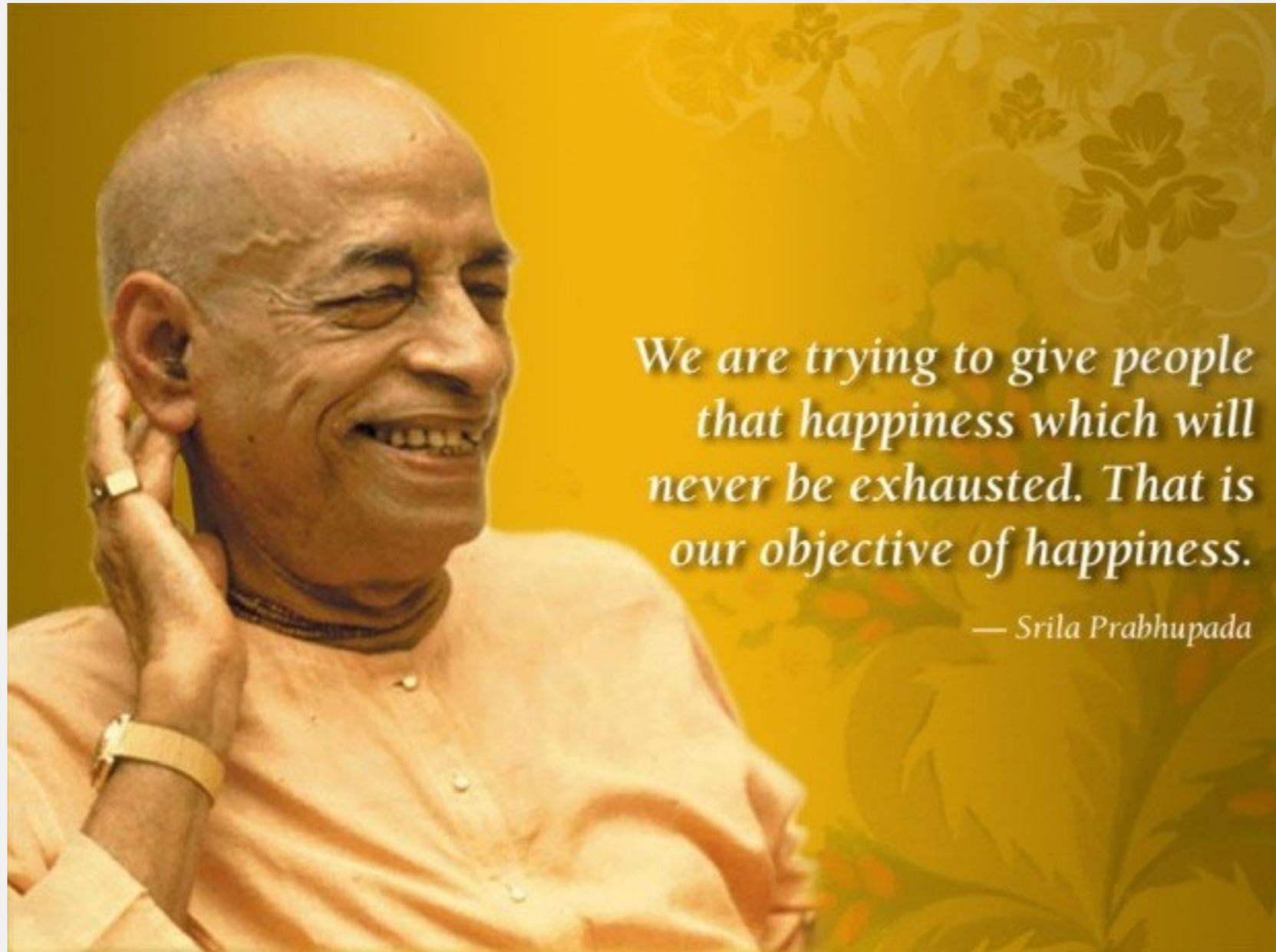


The Result?

**If I start trying to
be an honest,
transparent person
of integrity with
unmixed motives,
what is the result?**



1. HAPPINESS



**You're not trying
to be a phoney,
pretend. Unhappy
are the divided
hearts -trying to
please everybody.**

2. See Krishna (God)

**Premanjana bhakti
vilocanena...**

**Just as you don't see too
well with dirty glasses,
you don't see God too
well with a dirty heart.
You've got to clean it up.**



In addition to giving direct realization of the Lord and elevation to His transcendental abode, the chanting of the holy names of the Lord can immerse the chanter in a profound state of spiritual rapture.

Ultimately, perfection in chanting the holy name promotes the chanter to the spiritual world, the kingdom of God. There, in a spiritual body, he engages in direct devotional service to the Lord forever. This attainment is the professed goal of all the world's major religions.

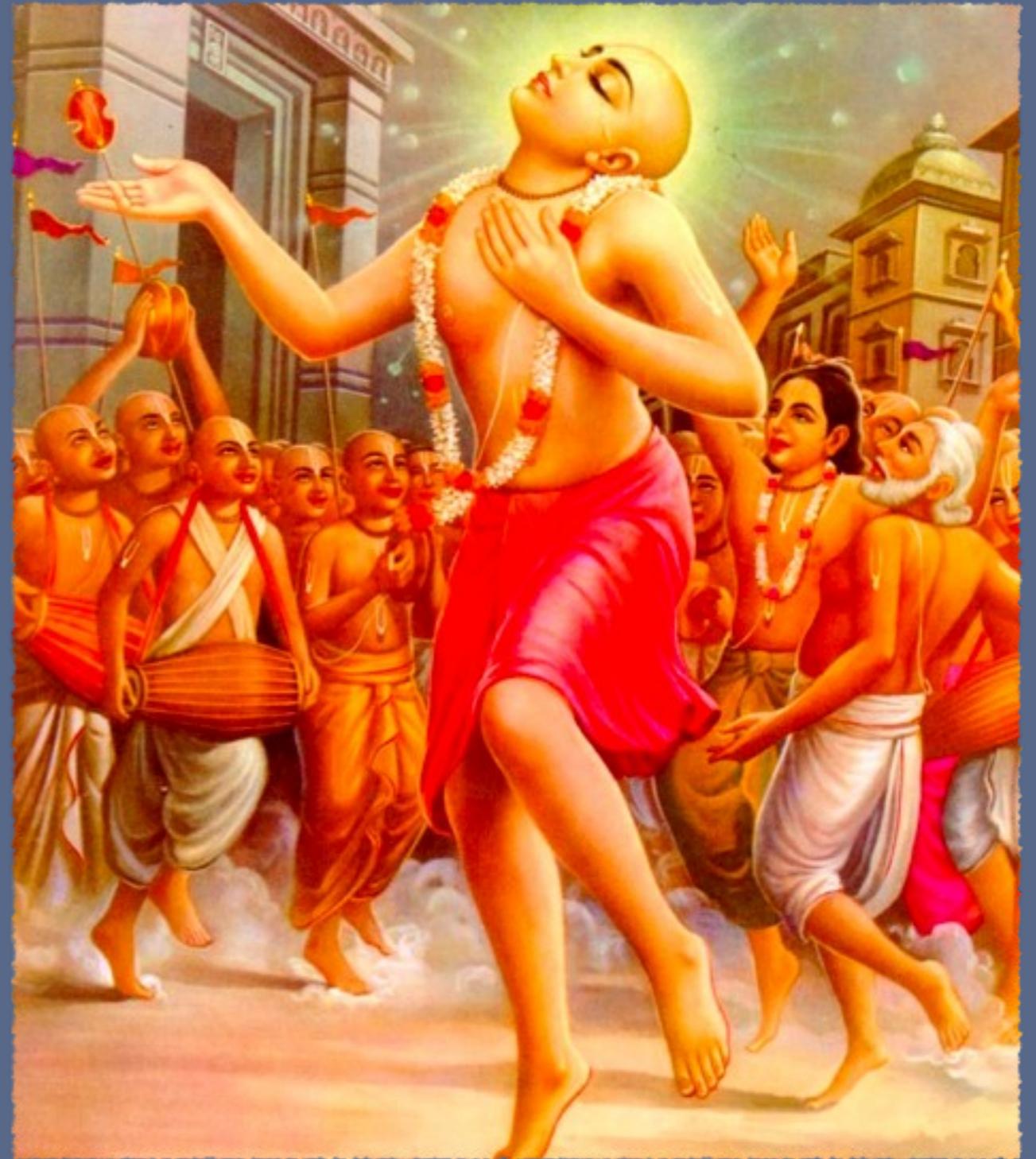
Kundali Das BTG Hallowed be thy Name

How do I get a clean heart?

**You can't, but
heart specialist Lord
Chaitanya can.**

**Renewal, new heart,
new outlook, new life**

**Ceto darpana
marjanam**





Hare Krishna Hare Krishna
Krishna Krishna Hare Hare
Hare Rama Hare Rama
Rama Rama Hare Hare

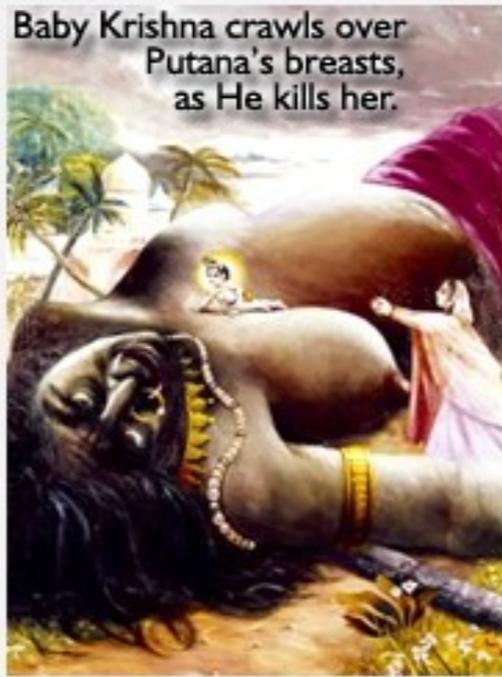
Keep It Clean

Spiritual Check up

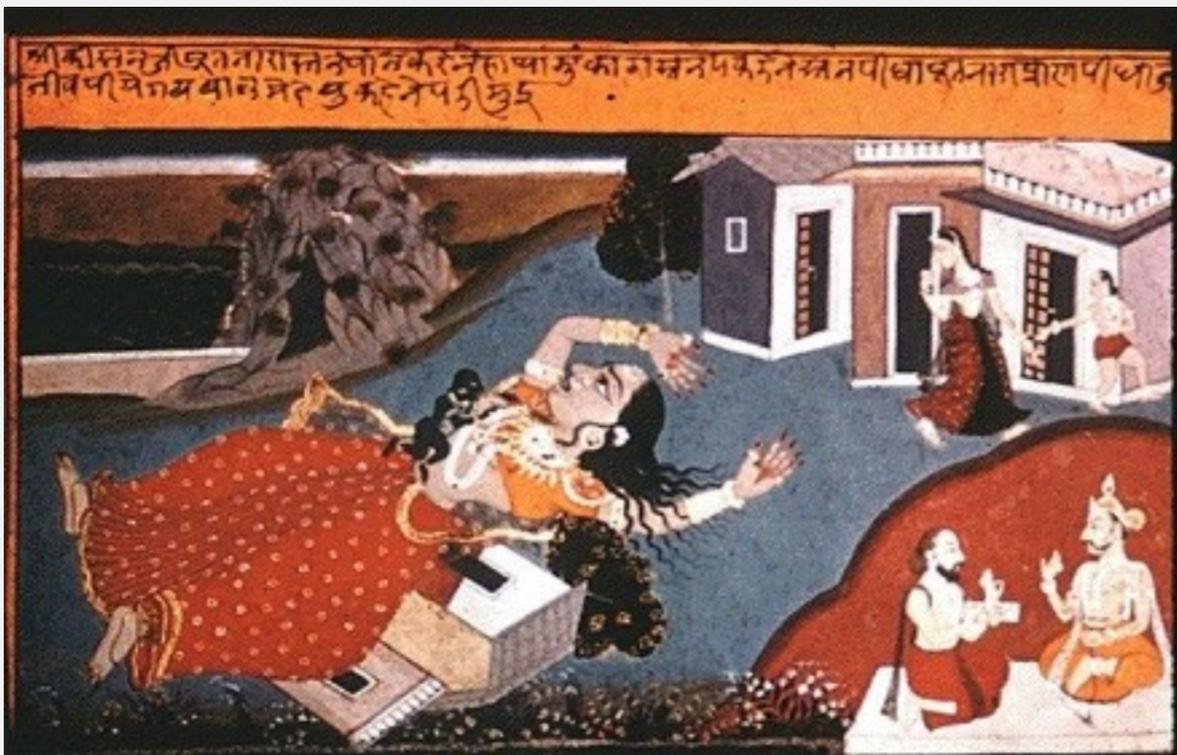
(what is the condition of your heart?)

(what is the condition of your heart?)

Some of you have a broken heart. And it's hurting. Some of you have a hard heart. You've had so much bitterness and resentment in your life for so long, you've let it pile up and you have a stony, hard heart and nothing can break through. Your husband can't get close to you or your wife can't get close to you. Nobody can get close to you. Some of you have a divided heart. You're trying to serve God one way on Sunday and on Monday you're trying to please many different people. You act one way with one group of people, other ways with other groups of people. It's divided and no wonder you're not happy. Let God give you a new heart.



Stop Pretending



Lord, help me to realize that You're everywhere and can see everything. There are no locked doors with You -- no secrets. You know every thought that has ever crossed my mind, every jealousy, envy, lust, thought of murder or suicide or fear or depression. Every wrong thought, You've seen it all, & yet you invite me in. Krishna, I want to realign my priorities with You. I want to put You first place in my life. You've said if I'll set my heart first on You then all these other things will come to me as a matter of course. Become the center of my life. Help me to be more concerned with pleasing You than pleasing people. Give me a new heart, filled with clean thoughts and right desires."





HARE KRISHNA HARE KRISHNA

KRISHNA KRISHNA HARE HARE

HARE RAMA HARE RAMA

RAMA RAMA HARE HARE

RAMA RAMA HARE HARE

RAMA RAMA HARE HARE

RAMA RAMA HARE HARE