

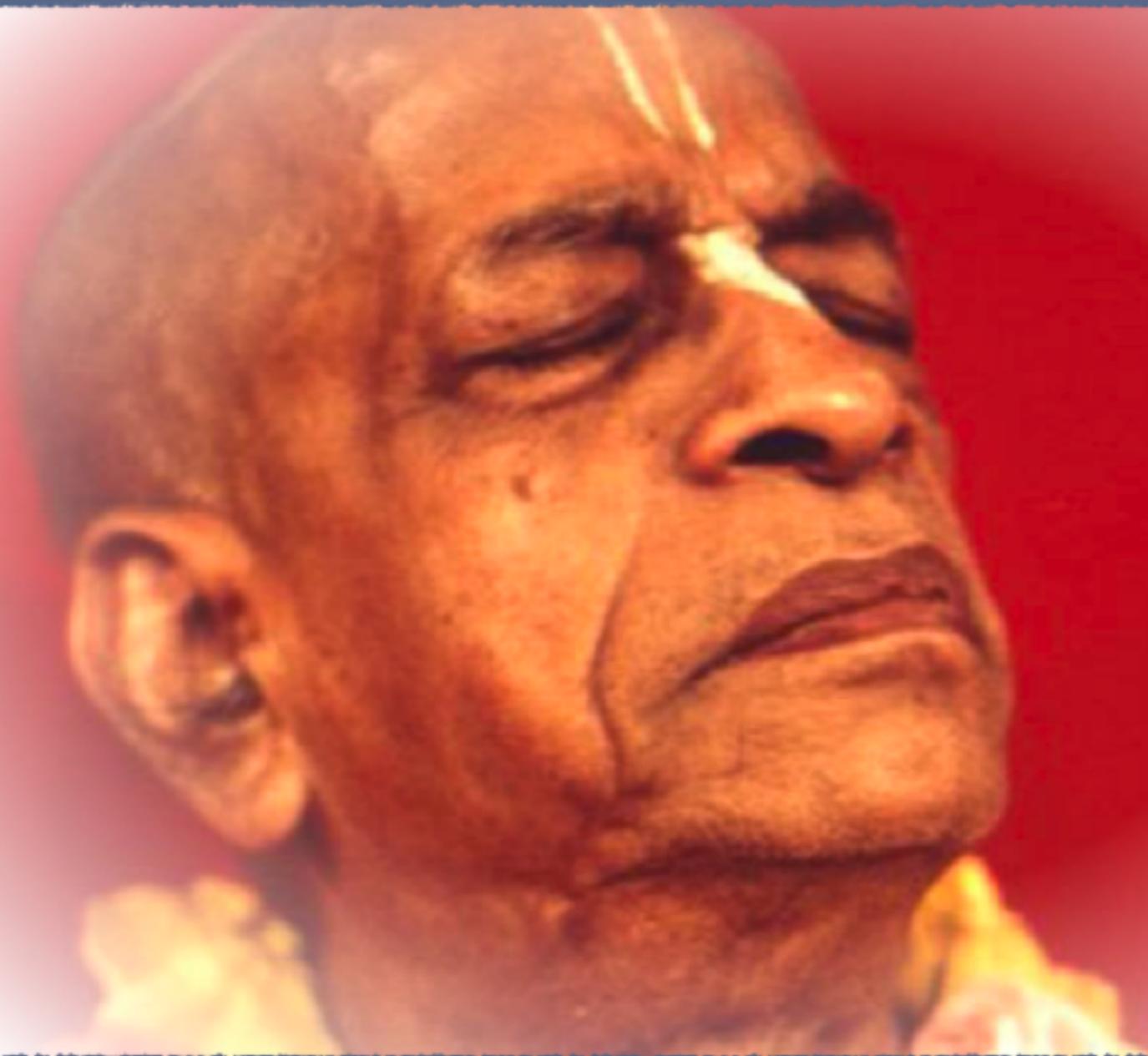


**HARE KRISHNA HARE KRISHNA
KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA
RAMA RAMA HARE HARE**



We welcome comments and feedback from these power points to
utahkrishnas@gmail.com.

If you would like take our membership class with power point,
please visit our website at **www.utahkrishnas.org**



Based on the divine teachings of

A.C. Bhaktivedanta Swami Prabhupada

International Society of Krishna Consciousness



Movies of the Mind

Sri.Sri.Radha
Kṛṣṇa Temple



We can Choose faith or fear

*All thru the day, we have the
choice to believe Krishna is in
control, taking care of us, &
has good things in store
OR go around worried,
expecting the worst,
wondering if we are going to
make it.*

CHOOSE
FAITH
OVER
fear

Key



What we Meditate on is going to take Root

Fear causes you to...



- tell yourself it's not going to work out
- make plans for defeat
- cringe in your thought life
- stay awake at night
- lose your joy, enthusiasm

Today, so many potential worries



- Lots of potential worries: We hear about cancer, economy, terrorists, gangs, wayward children,
- Don't use your energy to worry, to believe.

Faith in reverse

Say. "I'll never get the breaks." That's a statement of faith. Faith goes to work & makes it happen.

My life is in your hands, guiding & directing my steps, not expecting defeat, failure, expecting victory, to go over & not under.



Keep the right attitude

He'll give you a better job, a better temple, with better association.

Raise your expectations!

LIFE REVIEW

ALWAYS EXPECTING THE WORST





People being “talked” into



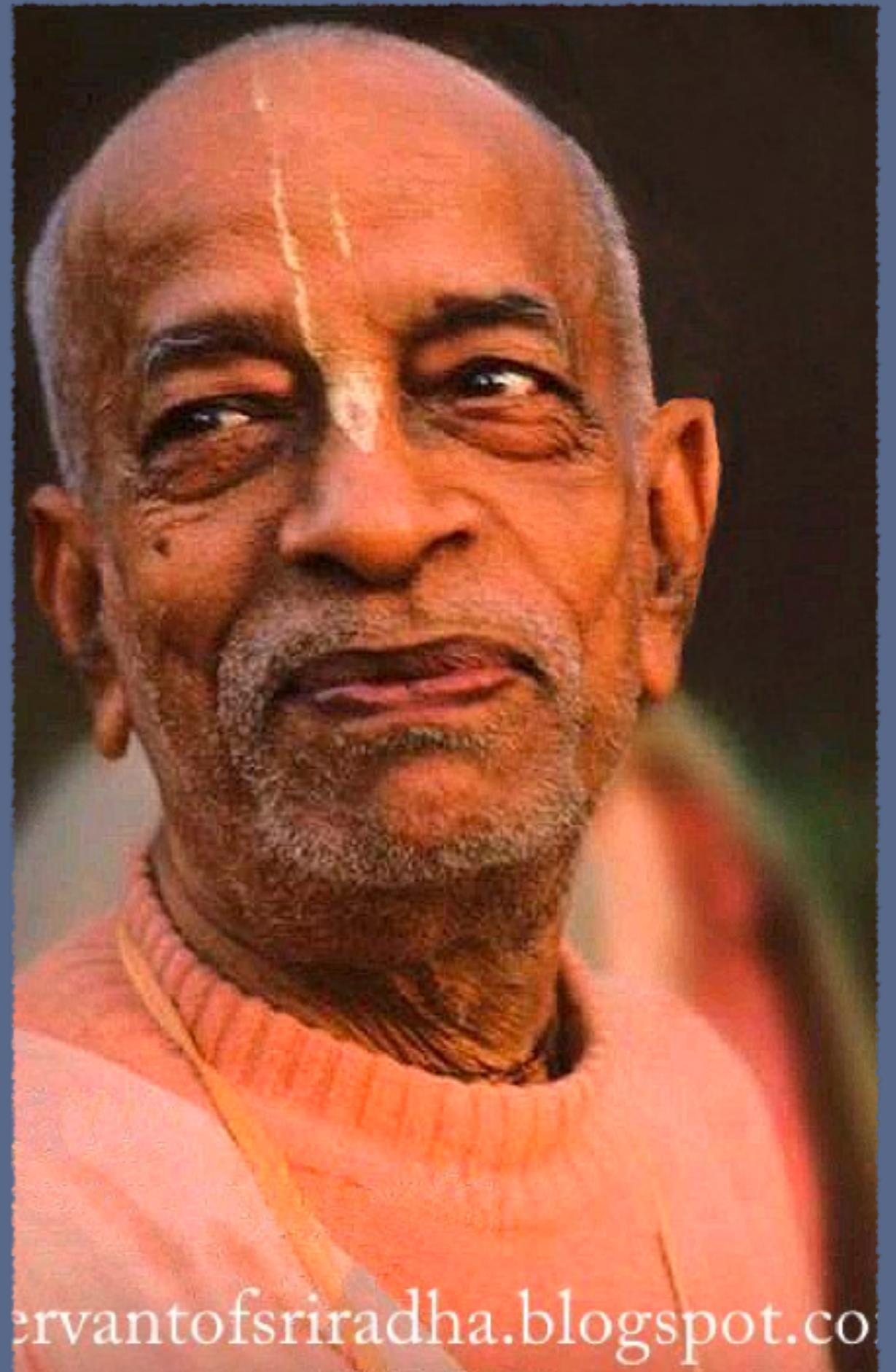
"No one
rises to low
expectations."

~ Less Brown

- expecting a bad future, listening to the news, the newspapers, TV
- don't now about you, but I'm expecting to have a great future, X Krishna to prosper the temple, X every bad situation to turn around.

If your friends complaining doom & gloom

*Find some new friends. If you
stay around them long enough
you'll catch what they have.*



Guard your mind

Be careful what you let in or be talked into.



Turn that off

- keep your mind filled with thoughts of victory
- as you can be talked into having a bad future, can be talked into having a great future.
- Yes, fear is contagious, but the good news is faith is contagious. Joy is contagious. Peace is contagious.

Fear like a Fog

*obscures your vision, makes
thing look worse than they are.
dense fog covers 7 city blocks
100 feet thick, can be
contained in one water glass.
look big, intimidating, but fact
is, nothing really to it. Bunch of
vapors can fit in a small glass.*



Don't make Mistake of Magnifying a Fear.



Imagination spins every worst case scenario like watching a movie.

You are meant to be in charge: Remote Control

Change the Channel



Fear is Afraid of Krishna



iving beings who are
ntangled in the
omplicated meshes of
irth and death can be
reed immediately by
ven unconsciously
hanting the holy name of
Krishna, which is feared
y fear personified.

SB 1/1/14

Some of us
today

feel like we've been shot

**MENTAL
MOVIES**





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